

# R.I.S.E PROGRAM

DAY 1 - ZG	DAY 2 - ZG	DAY 3 - ZG	DAY 4 - ZG-PT-MB	DAY 5 - MB	DAY 6 - MB
10. 10. 2025	11. 10. 2025	12. 10. 2025	13. 10. 2025	14. 10. 2025	15. 10. 2025
Accommodation by 17:00	Breakfast till 9:00	Breakfast till 9:00	Breakfast till 9:00	8:00 Breakfast	8:00 Breakfast
17:00 - 19:00	9:30 - 10:15	9:30 - 9:45	9:30 - 10:15	9:00 - 9:30	9:00 - 9:30
Rest	Opening Session: SIE Women's Empowerment and Gender Equality	Mindfulness Exercise Recap Day 1	Zagreb - Ptuj by bus	Relaxation Session (yoga/gong/exercise)	Relaxation Session (yoga/gong/exercise)
19:00 - 20:00	10:15 - 11:15	9:45 - 11:15	10:30 - 11:15	9:30 - 11:00	10:00 - 11:30
Welcome cocktail	Mindfulness as the Foundation of Effective Leadership <i>Exercises: Inner Balance: Emotional and Mental Mindfulness Tools</i>	Coaching and Mentoring for Leadership Development <i>Exercise: Developing Personal Plan</i>	Meeting SI Ptuj SI Club Collaboration: Key to Leadership Success	Intercultural Communication for Effective Leadership  Venue: hostel	The Sound of Success: Harnessing the Power of Music and Creativity to Enhance Leadership and Emotional Intelligence  Venue: Faculty of Education
20:00 - 21:30	11:15 - 11:30	11:15 - 11:30	11:30 - 12:30	11:00 - 11:15	12:30 - 13:30
Let's get to know each other! Introducing SIE & SI Club ZG Introducing SLA Program	Coffee break	Coffee break	A Guided Tour of the Old Town and the Castle	Coffee break	Lunch (Baščaršija Restaurant)
	11:30 - 12:30	11:30 - 12:15	12:45 - 14:00	12:00 - 13:30	14:30 - 15:30
	Project & Finance Management: How to run them?	Presentation Skills & Techniques	Lunch break	Leadership for a Sustainable Future: Awareness, Responsibility and Environmental Stewardship  Venue: Faculty of Health Sciences Maribor	Teamwork: Developing Project Ideas
	12:30 - 13:00	12:15 - 13:00	14:00 - 14:45	14:00 - 15:30	15:30 - 15:45
	Teams Formation	"Shoot the expert": How to become a leader in a man's world?	Ptuj - Maribor by bus	Lunch (Pomodoro Restaurant)	Coffee Break
	13:00 - 15:30	13:00 - 15:30	15:00	16:00 - 17:30	15:45 - 17:00
	Lunch break  Entrepreneurs' Time/Teamwork: Developing project idea by each team	Lunch break  Entrepreneurs' Time/Teamwork: Developing project idea by each team	Arrival in Maribor	Empowering Women and Promotiing Social Responsibility through Leadership Initiatiives  Venue: hostel	Presentation of Project Ideas by Team Leaders and Discussion
	15:30 - 16:45	15:30 - 16:50	15:30 - 16:30	18:00 - 19:00	17:15 - 18:30
	Female Leadership: What is a good leadership?	Reskilling for Generative AI	Welcome Reception  Introducing SI Maribor and its Key Projects.  Outlining the program and expectations for participant engagement in developing their own project ideas.	Dinner (Parma Restaurant)	Closing Session: Evaluation  A Reminder of the Follow-up Mentoring Program  Awarding Certificates  A Farewell Party and Departure
	16:45 - 17:00	16:50 - 17:00	16:30 - 17:30		
	Closing Day 1	Closing Day 2	Accommodation Check-in		
	17:00 - 19:00	17:00 - 19:00	18:00 - 19:00		
	Rest	Rest	Dinner (Koblar Restaurant) A walk back to the hostel by the Drava River		
	After 19:00	After 19:00			
	Dinner/Cultural Evening	Dinner/Cultural Evening			

